

ST JOSEPH HEALTH CENTRE . NAKABANGO

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TEL NO: +256-759-616718

30th January 2016

The District Medical Officer
Jinja District,

Re: 2015 ANNUAL REPORT FOR ST. JOSEPH HEALTH CENTRE – NAKABANGO

PREAMBLE

St. Joseph Health Centre (JHC) is a registered Community Based Organization located off Jinja town in Mafubira Sub-county, Nakabango Village, along Kamuli Road. It is aimed at promoting the Millennium Development Goal (MDGs) through improved health. The organization was set up registered in February 2010 with a mission of promoting human development through provision of health services using an integrated approach through the objective below:

- a) Preventing ailments through provision of primary health care services.
- b) Providing treatment to several ailments through clinical health care services.
- c) Providing reproductive health care services to both men and women.
- d) Promoting research, documentation and dissemination of health care information.
- e) Building capacity of health personnel among clinicians, community health workers, social workers, interns and volunteers.
- f) Advocating and lobbying for an integrated health services.

ACHIVEMENTS OF THE YEAR 2015

Since last year, the Centre has gradually developed with an increase in the patients seen and services offered. Besides clinical services, maternity services, in 2015, the Centre opened the laboratory and a community outreach programme. The achievement in the various departments are listed below.

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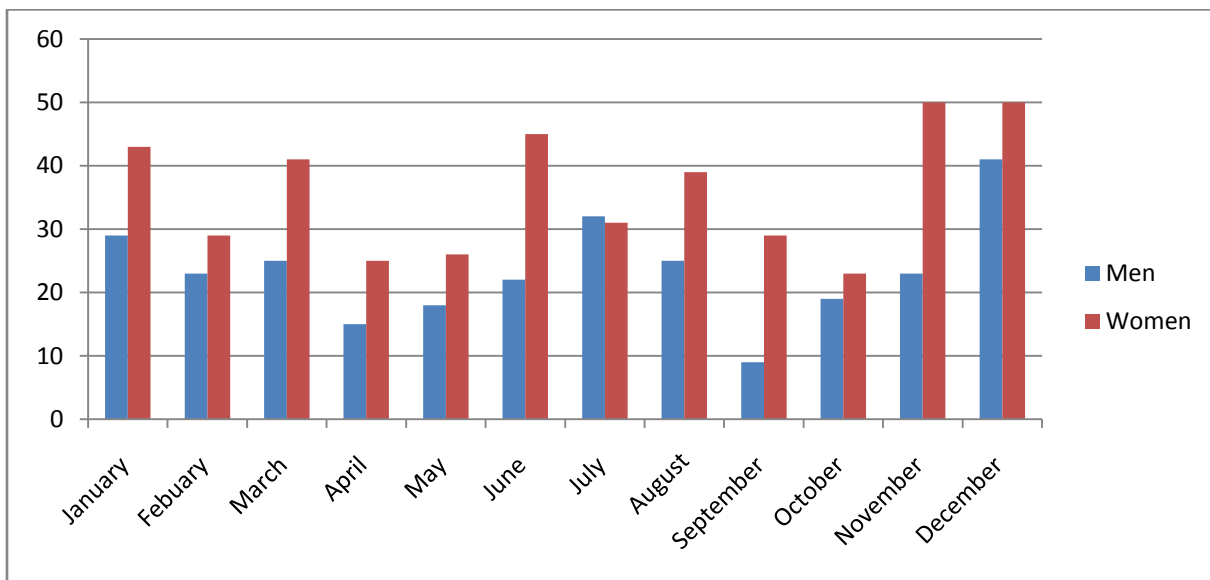
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CLINICAL SERVICES

Number of cases treated at St. Joseph Health Centre Nakabango in 2015

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
Men	29	23	25	15	18	22	32	25	9	19	23	41	281
Women	43	29	41	24	27	45	31	39	30	23	50	50	432
Total	72	52	66	39	45	67	63	64	39	42	73	91	713

Graph showing the number of cases treated at St. Joseph Health Centre Nakabango in 2015



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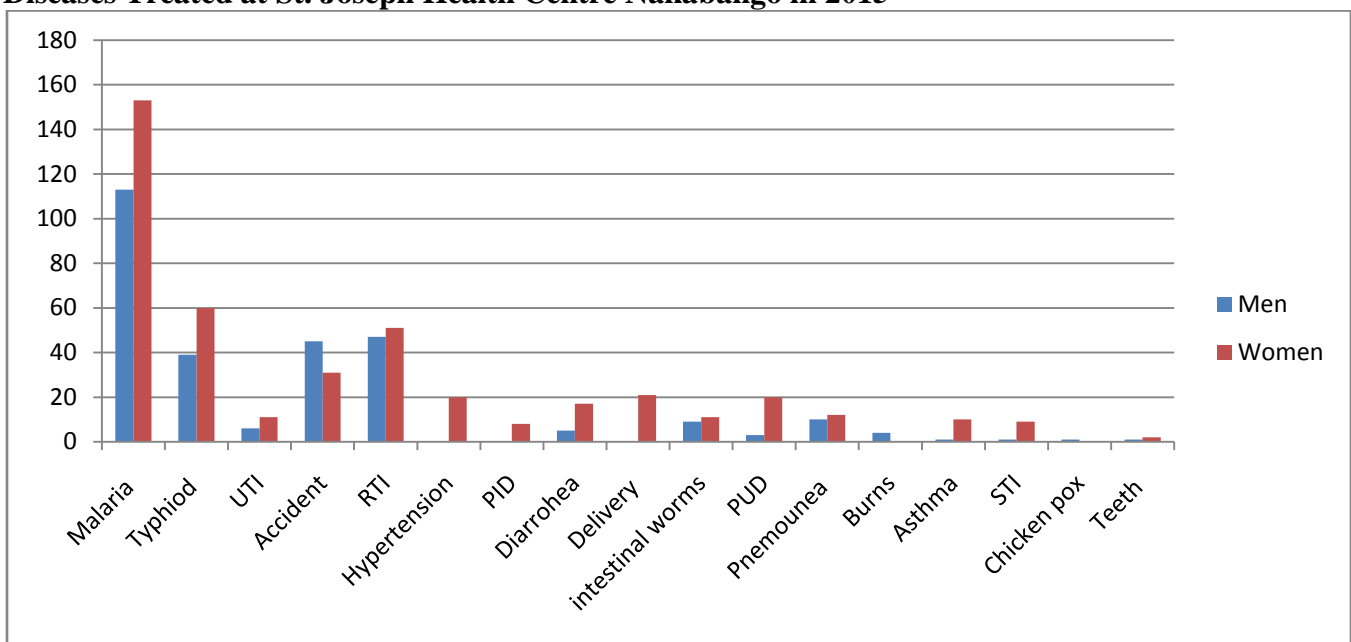
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	Malaria	Typhoid	UTI	Accident	RTI	Hypertension	PID	Diarrhea	Delivery	intestinal worms	PUD	Pneumonia	Burns	Asthma	STI	Chicken pox	Tooth ache
Men	113	39	6	45	47	0	0	5	0	9	3	10	4	1	1	1	1
Women	153	60	11	31	51	20	8	17	21	11	20	12	0	10	9	0	2
Total	266	99	17	76	98	20	8	22	21	20	23	22	4	11	10	1	3

Diseases Treated at St. Joseph Health Centre Nakabango in 2015



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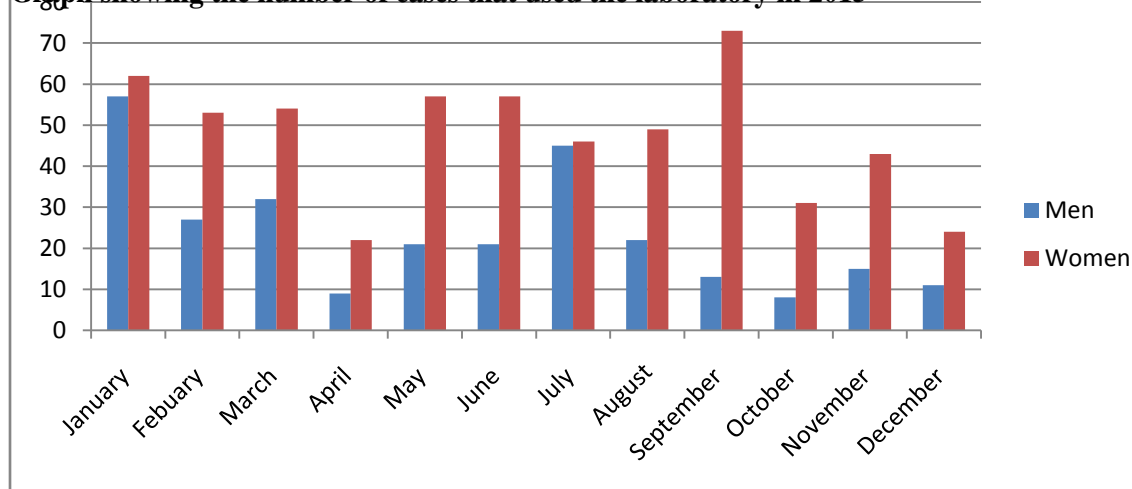
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LABORATORY SERVICES

Number of cases that used the laboratory 2015

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	total
Men	57	27	32	9	21	21	45	22	13	8	15	11	281
Women	62	53	54	22	57	57	46	49	73	31	43	24	571
Total	119	80	86	31	78	78	90	71	86	39	58	35	851

Graph showing the number of cases that used the laboratory in 2015



Diseases that were tested in 2015

	RC T	Widal	B/S	RPR	RBS	HC G	H.pylori	Urinalysis	stool analysis	Blood GP	BAT
Men	139	39	104	8	9	0	3	2	1	1	3
Women	239	66	175	34	14	19	0	7	0	3	0
Total	378	105	279	42	23	19	3	9	1	4	3

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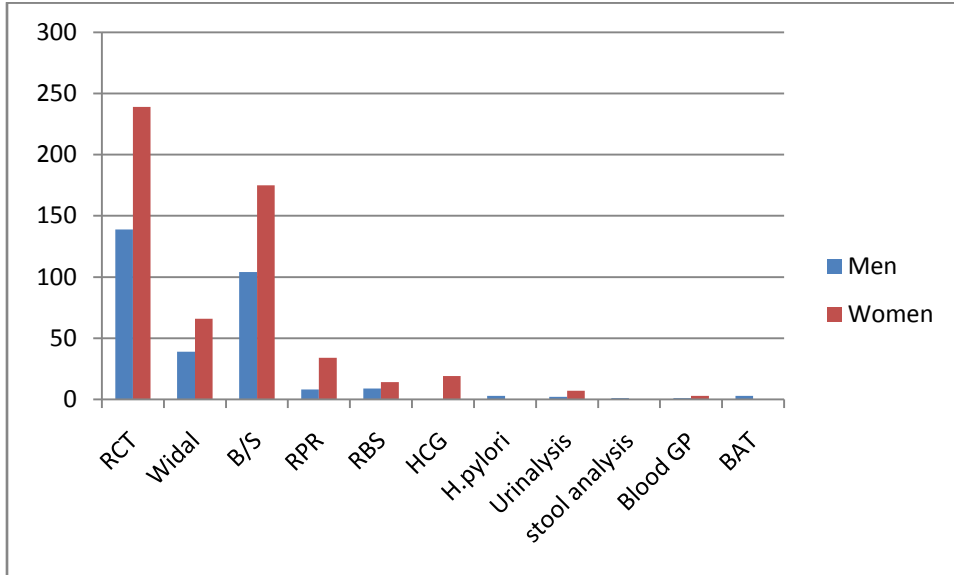
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Graph showing the diseases tested at St. Joseph Health Centre Nakabango in 2015



IMMUNISATION

Number of cases under five years that were immunized at St. Joseph in 2015

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	total
Men	17	12	26	9	39	10	45	31		40	23	31	283
Women	26	9	6	13	61	3	25	35		65	41	13	297
Total	43	21	32	22	100	13	70	66		105	64	44	580

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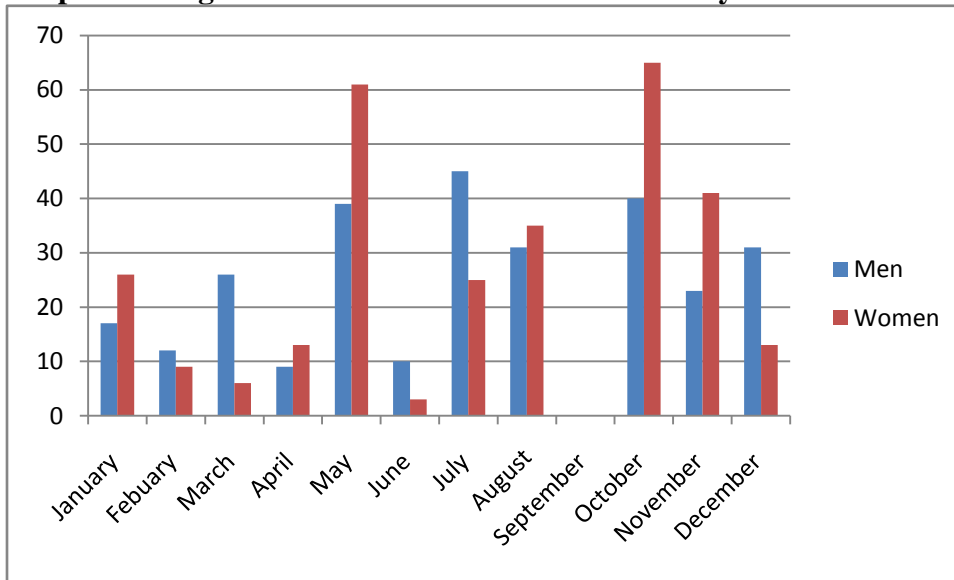
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Graph showing the number of cases under than five years immunized at St. Joseph Health Centre



Number of cases above five years that were immunized at St. Joseph in 2015

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	total
Men	5	1		2	2	0	0	0	0	0	2	0	12
Women	8	8		10	12	3	8	12	0	14	7	6	88
Total	13	9		12	14	3	8	12	0	14	9	6	100

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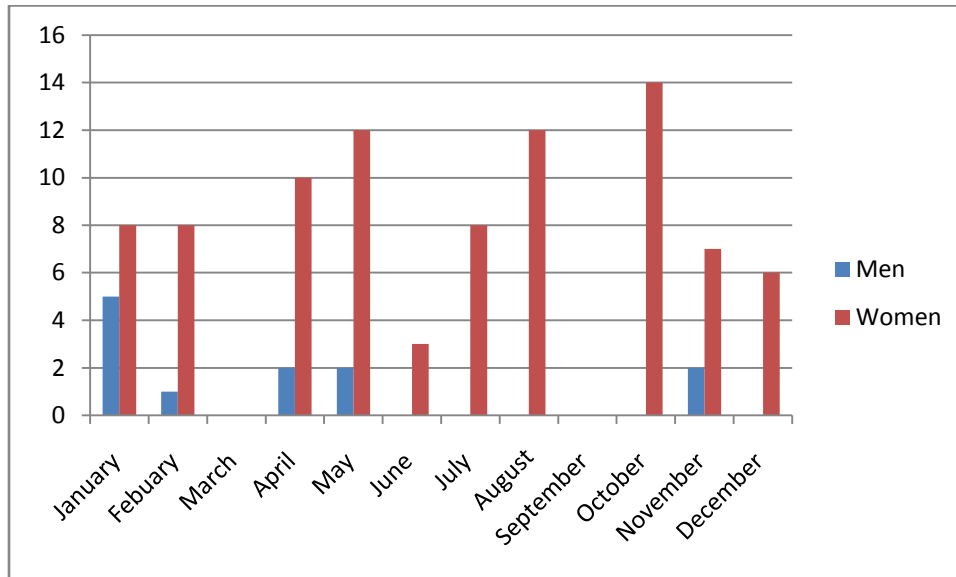
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Graph showing the number of cases above five years immunized at St. Joseph Health Centre Nakabango in 2015



Immunizations given to people under five years

	BCG	Polio 0	polio 1	polio 2	polio 3	DPT 1	DPT 2	DPT 3	PCV 1	PCV 2	PCV 3	Measles	VIT A	Derwo	T.T	
Men	13	11	17	21	14	17	27	15	17	21	14	18	54	29	0	288
Women	16	9	20	14	15	20	12	15	28	14	15	27	42	58	0	305
Total	29	20	37	35	29	37	39	30	45	35	29	45	96	87	0	593

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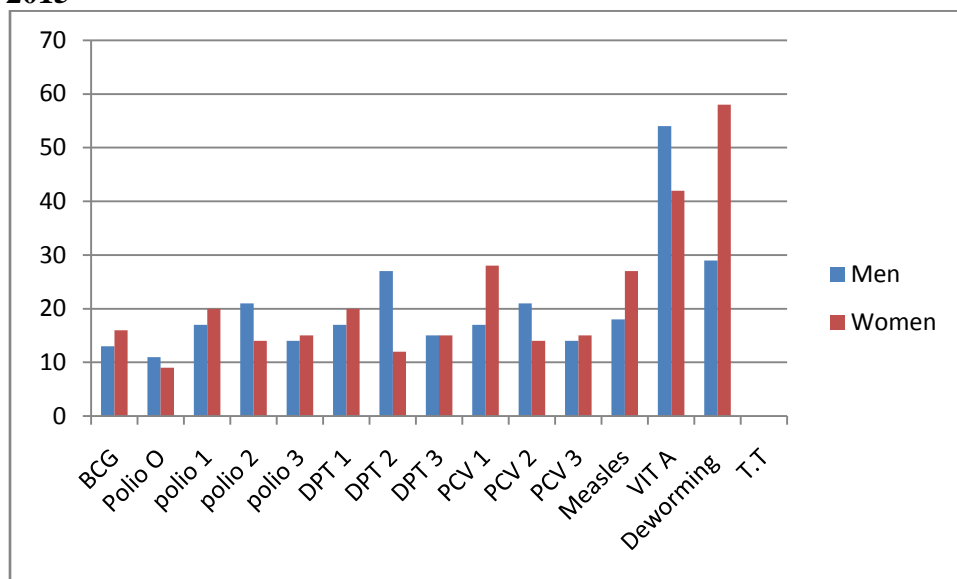
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Graph Immunization to above five years immunized at St. Joseph Health Centre Nakabango in 2015



Immunization given to above five years

	Measles	VIT A and Deworming	TT	total
Men	0	6	6	12
Women	0	7	81	88
Total	0	13	87	100

COMMUNITY OUTREACH PROGRAMS

In the month of May, we got an American Peace Corp volunteer in the names of Ms. Chelsea Coates a specialist in Public Health. She initiated the community outreach programme. Providentially, we also got two intern students namely Mubbale Samuel and Elsie Nampiina, both of whom students of Development Studies, Makerere University. They joined Ms. Chelsea and successfully carried out the activities below.

- **Health Education:** St. Joseph entered partnership with Nakabango Primary School and Nakabango Senior Secondary School. Each class received health education on HIV transmission and prevention, the female reproductive system, the menstrual cycle and puberty.
- **Community Mapping and Family Visits:** The community outreach team carried out a community mapping and visited some families in Nakabango village. They educated them about sanitation as regards latrines, cleanliness and home, clean utensils as well as the ways of preventing malaria

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- **Reusable sanitary pads (RUMPs)** with sponsorship from the American Peace Corp office, of an amount of 824,800 Ugandan Shillings, some girls from the two schools i.e. Nakabango primary and secondary were taught how to make and use reusable menstrual pads (RUMPS). So far 92 girls ages 10-17 and 4 female teachers have benefitted
- **Mosquito nets:** With the support from the USAID/Peace corps through Ms. Chelsea Coates, St. Joseph received 95 long lasting insecticide treated nets. So far benefited: 36 (11 of them are pregnant women). Six of which were left to the Clinic beds, while some were reserved for pregnant mothers and the rest were distributed to families in the community. Prior to the distribution, all the recipients received health education on malaria transmission and prevention, treatment, net maintenance and repair with the help of the health workers.
- **HIV/Aids Counseling and testing:** On 28th September 2015, St. Joseph entered into partnership with the Aids Information Centre Jinja. In this relationship, AIC accepted to partner with St. Joseph by giving free HIV/Aids kits, condoms and posters. However, AIC had to first educate the team from St. Joseph on related skills such as testing, counseling and records management. Considering this, on 15th October 2015, a team from St. Joseph i.e. Chelsea, Livingstone, Elsie and Sam went the Aids information Centre to be trained on how to test, manage data in HIV/aids. Activities started off well and 42 people got tested in the community.
- **Radio talk shows:** Based on the fact that the people in the catchment area have more of an oral than literal culture, St. Joseph found it right to use radio programmes to sensitize and give public health education to the people. The programmes we hosted by Mr. Peter M. Gazampa from Apex radio FM.
 - a) On 8th August 2015 Denis Basalirwa gave a radio talk show to Apex FM on general medical care.
 - b) Sunday 13th September 2015 from 5-6pm Denis Basalirwa talked about the blood on apex radio on.
 - c) On 7th November 2015, Chelsea and Samuel went to talk on radio about RUMP pads.

All the above programs attracted community attention as deduced from the feedback calls and questions people asked.

CHALLENGES OF THE HEALTH CENTRE

In this year of operation, the Centre has suffered the following challenges:

- The operation costs have been very high and the Centre has run on a deficit budget which required a loan of 7,512,328/= from the Director to enable basic services.
- Several patients could not afford to pay for their treatment moreover they often come to the Centre in critical conditions. This gave the Centre bad debts of 348,100/=

FUTURE PLANS OF THE HEALTH CENTRE

- We plan to write some proposals to national and international agencies to solicit funds to run the programmes of the Centre. Among the planned proposals are:

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- Hold an annual health camp for women in reproductive age. This requires inviting medical doctors and social workers to offer medical services i.e. medical check-up for cervical cancer, breast cancer, HIV/AIDs, sexually transmitted diseases, and training family planning services for one week.
- Hold an annual health camp for children. This will involve treatment of ailments, testing of diseases, immunization, teaching parents about nutrition, child care and home care and sanitation for one week
- Hold an annual youth camp. This will involve voluntary testing and counseling other/AIDs, Sexually transmitted diseases and training in behavioral change for one week.
- Request medical volunteer to help in providing labour and fundraising for the Centre.

Yours in Service,



Dr. Tabitha Naisiko

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