

# ST JOSEPH HEALTH CENTRE . NAKABANGO

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24<sup>th</sup> February 2017

The District Medical Officer  
Jinja District,

## Re: 2016 ANNUAL REPORT FOR ST. JOSEPH HEALTH CENTRE – NAKABANGO

### **PREAMBLE**

St. Joseph Health Centre (JHC) is a registered Community Based Organization located off Jinja town in Mafubira Sub-county, Nakabango Village, along Kamuli Road. It is aimed at promoting the Millennium Development Goal (MDGs) through improved health. The organization was set up registered in February 2010 with a mission of promoting human development through provision of health services using an integrated approach through the objective below:

- a) Preventing ailments through provision of primary health care services.
- b) Providing treatment to several ailments through clinical health care services.
- c) Providing reproductive health care services to both men and women.
- d) Promoting research, documentation and dissemination of health care information.
- e) Building capacity of health personnel among clinicians, community health workers, social workers, interns and volunteers.
- f) Advocating and lobbying for an integrated health services.

### **ACHIVEMENTS OF THE YEAR 2016**

Since last year, the Centre has gradually developed with an increase in the patients seen and services offered. The centre offers clinical services, maternity services, laboratory services and community outreach programme. The achievement in the various departments are listed below.

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## CLINICAL SERVICES

### Total Number of cases treated at St. Joseph Health Centre Nakabango in 2016

	Jan	Feb	Mar	April	May	June	Jul	Aug	Sept	Oct	Nov	Dec	total
Men	33	31	21	21	28	22	31	33	19	20	24	38	321
Women	50	54	37	38	30	23	45	45	32	28	17	40	439
Total	83	85	58	59	58	45	76	78	51	48	41	78	760

### Diseases Treated at St. Joseph Health Centre Nakabango in 2016

	Malaria	Typhoid	RTI	Accidents	PUD	Hypertension	UTI	STI	intestinal worms	Asthma
Men	106	12	29	45	2	2	2	2	5	0
Women	168	42	30	14	10	13	8	6	9	3
Total	274	54	59	59	12	15	10	8	14	3

	soft tissue infection	Malaria /pregnant	neonatal sepsis	gingivitis	Gastritis	Assault	Otitis Media	PI D	Anemia
Men	5	0	2	0	5	2	1	0	2
Women	4	10	0	5	5	3	3	10	0
Total	9	10	2	5	10	5	4	10	2

	septicemia	Septic wound	Gastric enteritis	Trachoma	Ear abscess	Hysteria	Burns	poison	Cough/flu
Men	1	1	1	1	1	0	0	5	37
Women	0	0	0	1	0	1	1	1	43
Total	1	1	1	2	1	1	1	6	80

	Pneumonia	Tonsillitis	Hyperendemic	Snake bite	Abortion	conjunctivitis	Transfers
Men	11	1	0	3	0	0	3
Women	20	5	1	4	1	1	6
Total	31	6	1	7	1	1	9

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## LABORATORY SERVICES

### Number of cases that used the laboratory 2016

	Malaria	Typhoid	HIV	BAT	HCG	RBS	Total
January	34	10	11	1	2	0	58
February	34	15	23	0	1	1	74
March	15	8	20	0	2	0	45
April	25	3	17	0	0	0	45
May	20	3	20	0	0	0	43
June	23	3	15	0	0	0	41
July	40	14	30	2	0	0	86
August	25	5	16	0	0	0	46
Sep	27	12	14	0	0	0	53
October	23	10	15	0	0	0	48
Nov	35	15	20	0	0	0	70
Dec	34	21	20	1	1	0	77
Total	335	119	221	4	6	1	686

### Antenatal Care and Deliveries at St. Joseph Health Centre in 2016

	Antenatal	Delivery	Total
January	3	1	4
February	4	4	8
March	1	5	6
April	2	3	5
May	6	4	10
June	4	0	4
July	3	3	6
August	6	2	8
Sep	2	3	5
October	1	2	3

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Nov	1	4	5
Dec	4	4	8
<b>Total</b>	<b>37</b>	<b>35</b>	<b>72</b>

### Family Planning Services used at St. Joseph Health Centre in 2016

	Inject plan	Pills	Condoms	Total
January	8			<b>8</b>
February	3			4
March	3	2	288	295
April	5	2	40	48
May	7	1	30	39
June	3	3	90	101
July	5	2	56	68
August	5	3	482	494
Sep	3	1	156	161
October	6	1	34	42
Nov	3	2	288	295
Dec	3	3	288	296
<b>Total</b>	<b>54</b>	<b>20</b>	<b>1752</b>	<b>1851</b>

### IMMUNISATION

#### Number of cases immunized at St. Joseph Health Centre Nakabango in 2016

	B C G	Poli o O	poli o 1	poli o 2	poli o 3	DP T 1	DP T 2	DP T 3	PC V 1	PC V 2	PC V 3	M e	VIT A	Dewor ming	T. T	total
Jan	1	1	4	2	0	4	2	0	4	2	0	7	7	5	3	42
Feb	8	8	0	4	1	0	4	1	0	4	1	7	10	4	7	59
Mar	5	6	2	3	2	3	5	1	2	3	1	6	6	12	0	57
April	5	10	8	3	1	8	3	1	8	3	1	0	0	5	0	56

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May	5	5	2	5	1	2	5	1	2	5	1	9	13	3	4	63
June	2	1	4	1	0	4	1	0	4	1	0	8	3	4	1	34
July	4	4	6	7	7	6	7	7	6	7	7	9	8	3	5	93
Aug	1	1	3	2	4	3	2	4	3	2	4	8	9	1	1	48
Sep	2	2	2	1	1	2	1	1	2	1	1	0	0	0	0	16
Oct	3	3	5	4	2	3	1	2	3	1	5	9	18	5	0	64
Nov	3	0	3	3	0	1	3	0	2	3	0	5	18	3	0	44
Dec	5	0	4	3	1	4	3	1	4	3	1	10	7	4	2	52
Total	44	41	43	38	20	40	37	19	40	35	22	78	99	49	23	628

## COMMUNITY OUTREACH PROGRAMS

Due to lack of funds, not many activities were carried out in this department. However, courtesy of Madam Sherrie Coates, the mother of the former Peace corp volunteer Ms. Chelsea Coates, the youth group received a grant of 1.4millions from the US. The money was sent to empower the youth group with income generation activity of poultry farming. Under the guidance of Mr. Samwel Mubbale, the group spent 400,000 on buying the chicken equipments like drinkers, feeders. The remaining amount of money was spent on buying feeds plus the 110 broiler type of chickens which are purposely kept for meat production. Out of the 110, they lost 23 birds and were able to sell the rest between the price range of 7000shs to 8000shs of which we didn't generate profits out of the broilers. They resorted to another type of chickens-Kroilers which are purposely kept for both meat and egg production. They bought 30 at 600shs each, and opted to sell them between the price range of 20000shs to 35000shs. They generated some profits this time and learn lessons from the previous challenges. They opened up a savings account at Nakabango village Sacco where they keep the money, and they currently have shs.710,000.

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## CHALLENGES OF THE HEALTH CENTRE

The Centre has suffered the following challenges:

- Poor health service seeking behavior which makes patients come to hospital when they are very sick, moreover they fail to pay. The problem in 2016 got much aggravated to the extent that the centre incurred a bad debt of Shs 905,550/= in 2016 as contrasted from shs 348,100/= that was incurred in 2015.
- The operation costs have been very high, Centre ran on a deficit budget which required a loan of 9,898,900\= in year (2016) from the Director to enable basic services.
- Financial constraints failed us to get a replacement of a Peace Corp volunteer because the Centre could not afford her rental bills. This has negatively affected the community outreach department.

## FUTURE PLANS OF THE HEALTH CENTRE

- We plan to write some proposals to national and international agencies to solicit funds to run the programmes of the Centre. Among the planned proposals are:
- Hold an annual health camp for women in reproductive age. This requires inviting medical doctors and social workers to offer medical services i.e. medical check-up for cervical cancer, breast cancer, HIV/AIDs, sexually transmitted diseases, and training family planning services for one week.
- Hold an annual health camp for children. This will involve treatment of ailments, testing of diseases, immunization, teaching parents about nutrition, child care and home care and sanitation for one week
- Hold an annual youth camp. This will involve voluntary testing and counseling other/AIDs, Sexually transmitted diseases and training in behavioral change for one week.
- Request medical volunteer to help in providing labour and fundraising for the Centre.

Yours in Service,



Dr. Tabitha Naisiko

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