

# ST JOSEPH HEALTH CENTRE . NAKABANGO

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1<sup>st</sup> November 2012

The District Community Development Officer - Jinja  
Directorate of Gender, Labour and Community Services,

Dear Madam/Sir,

Re: **2012 ANNUAL REPORT FOR ST. JOSEPH HEALTH CENTRE – NAKABANGO**

## **BACKGROUND OF THE PROJECT**

St. Joseph Health Centre (JHC) is a registered Community Based Organization located off Jinja town in Mafubira Sub-county, Nakabango Village, along Kamuli Road. It is aimed at promoting the Millennium Development Goal (MDGs) through improved health. The organization was set up registered in February 2010 with a mission of promoting human development through provision of health services using an integrated approach through the objective below:

### **Objectives**

- a) Preventing ailments through provision of primary health care services.
- b) Providing treatment to several ailments through clinical health care services.
- c) Providing reproductive health care services to both men and women.
- d) Promoting research, documentation and dissemination of health care information.
- e) Building capacity of health personnel among clinicians, community health workers, social workers, interns and volunteers.
- f) Advocating and lobbying for an integrated health services.

## **ACHIVEMENS SINCE THE LAST ANNUAL REPORT OF 31<sup>ST</sup> OCTOBER 2011**

Since last year, the Centre is gradually developed with an increase in the patients seen and services offered. Besides clinical services to treat manageable diseases and provide antenatal care, this year, the Centre also offered preventive health care services like immunizations and supply of de-worming tablets once every month. Considering this, the services have improved and among common problems cases seen this year are listed below. Although several patients were treated of multiple sicknesses, among those recorded were:

- Peptic ulcers
- Complicated malaria (500 cases)
- Typhoid (100 cases)
- Lower respiratory infections (195 case)
- Upper respiratory infections (95 cases)
- Urinary tract infections (80 cases)
- Sexually transmitted diseases (80 cases)
- Worms (60 cases)
- Dental infections
- Conjunctivitis
- Diarrhoea and vomiting causing anemia and dehydration
- Wounds
- Hypertension (30 cases)
- Measles (100 cases)
- chicken pox (20 cases)
- Skin diseases
- 863 cases received immunization this year at the project.
- 240 cases were tested for HIV/AIDs

### **CHALLENGES OF THE HEALTH CENTRE**

- In the one year of operation, the Centre has suffered the following challenges:
- Failure to meet the needs of the patients due to lack of laboratory services and maternity facilities
- High costs of annual registration fees. This takes a lot of money which would be the profit and in the process compromises expansion of services at the Centre.
- Lack of financial capability to run all the activities of the Centre

### **FUTURE PLANS OF THE HEALTH CENTRE**

- We plan to write some proposals to national and international agencies to solicit funds to run the programmes of the Centre. Although the urgently required facilities are maternity and laboratory facility, in the near future the Centre plans to:
- Hold an annual health camp for women in reproductive age. This requires inviting medical doctors and social workers to offer medical services i.e. medical check-up for cervical cancer, breast cancer, HIV/AIDs, sexually transmitted diseases, and training family planning services for one week.
- Hold an annual health camp for children. This will involve treatment of ailments, testing of diseases, immunization, teaching parents about nutrition, child care and home care and sanitation for one week
- Hold an annual youth camp. This will involve voluntary testing and counseling of HIV/AIDs, Sexually transmitted diseases and training in behavioral change for one week.
- International interns and volunteers will be recruited to help in providing labour and fundraising for the Centre.

Yours in Service,



Tabitha Naisiko  
Project Director